

Come and try

ORIENTEERING

Ideal family activity : all welcome : suitable for all ages and abilities
training available : compasses for hire : run for your life or just a stroll

Gold Coast Regional Botanic Gardens

Benowa, central Gold Coast

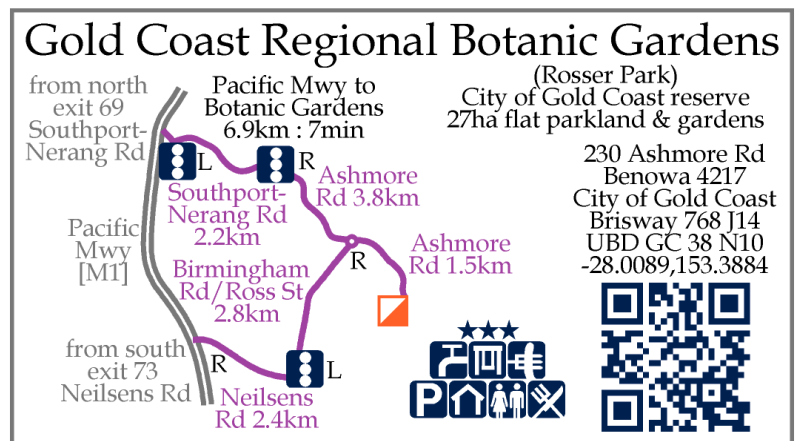
Sunday 7th May 2017

starts 9am-11am

Adult \$5-7 Junior \$4-6

Family \$14-20

Orienteering is the sport of navigating in unknown terrain using a detailed map. This event has short, easy courses for youngsters and longer, more challenging courses for adults.



What do I need to do?

Bring your family on the day between 08:45 and 10:45, wear good shoes, sun protection and water. You don't need a compass. If you plan to bring a group, please let us know so we can print extra maps.

More details online www.oq.asn.au/events/4879/



More events - always check online for final details:

- ☑ Thursday 25th May 11-11:30 - Stockyard creek, Redland - Bush Orienteering
- ☑ Sunday 11th June 9-11 - Eddie Kornhauser Reserve, Elanora - Park Orienteering
- ☑ Sunday 30th July 9-11 - Albert Park, Mermaid Waters - Park Orienteering



Event programme www.oq.asn.au/events

Learn about the orienteering club of the Gold Coast www.paradiselost.org.au

Keep in touch www.facebook.com/ParadiseLostOrienteers

Drop us a line paradiselost@oq.asn.au Call Mark 0404 50 99 24