



Come and try ORIENTEERING

Ideal family activity : all welcome : suitable for all ages and abilities
training available : compasses for hire : run for your life, or just a stroll

Musgrave Park

Southport / Labrador, Gold Coast
Sunday 19th March 2017
starts 9am-11am

\$5-7 adult \$4-6 junior \$14-20 family



What is Orienteering?

It's all about the map, not the compass! Orienteering is the sport of navigating in unknown terrain using a detailed map. Orienteering is an ideal family recreation - our events are designed to cater for all ages and abilities.

What do I need to do?

Check online before setting off on the day. Arrive between 09:00 and 10:30; wear sensible shoes and sun protection; bring water. If you are planning to bring a group, please let us know so that we can print extra maps. *This is a low-key introductory event designed for novices and youngsters with more challenging courses for adults. It's nothing like that boring compass / pace counting exercise they made you do at school camp!*

Musgrave Hill
Southport, Northern Gold Coast
.4km2 rolling treed parkland, bushland and school : City of Gold Coast Park

Pacific Mwy [M1] exit 66
Smith St Mwy Southport

opp. 117 Musgrave Ave
Southport 4215 Gold Coast
Brisway 748 L10
UBD GC 28 Q7
-27.9554,153.3934

Musgrave Ave 1km
Musgrave Park
Olsen Ave 1.4km
Smith St 4km
Pacific Motorway to Musgrave Ave
6.4km : 5min

plenty of parking on northern side of road

Olsen Ave nr Nakina St route 715
Smith St at Kumbari Ave routes 700, 710,714,719,TX3

More Orienteering events (always check online before you set off)

- Sunday 16th April 2017 - Coombabah Lakelands - School holiday bush trail orienteering
- Sunday 7th May 2017 - Regional Botanic Gardens, Benowa - Park O
- Sunday 11th June 2017 - Eddie Kornhauser Reserve, Elanora -Park O

Gold Coast event programme at www.oq.asn.au

Learn about the Gold Coast's orienteering club www.oq.asn.au/paradise-lost-orienteers

Keep in touch www.facebook.com/ParadiseLostOrienteers

Drop us a line paradiselost@oq.asn.au Call Mark 0404 50 99 24